



Health Projects Center

Dignity and Health for an Aging Population

IHSS PROVIDER TRAINING

WINTER/SPRING 2022

Self-Care Preventing Burnout

February 17, 11:00 AM – 12:30 PM

The demands of caring for someone require a lot of attention and time. Are you feeling like your life is not your own anymore? Are you so busy caring for others that you have no time left over for yourself? Does the idea of time for yourself seem selfish? This webinar will provide a forum for providers to share and discuss the topic of self-care and learn ways to balance needs with those of the patient.

[Register Here](#)

Disorders of the Brain

March 15, 11:00 AM – 12:30 PM

Neurological conditions like Alzheimer's disease, Parkinson's disease, Strokes and Seizures are classified as disorders of the brain and nervous system. People living with neurological conditions require advanced levels of care due to impairments in brain functioning. This webinar will provide instruction on the brain and nervous system, a review of neurological disorders, their symptoms, and impact upon patient behavior and cognitive functioning.

[Register Here](#)

Coordinating Care: Reports & Monitoring

April 19, 11:00 AM – 12:30 PM

Keeping on top of appointments, scheduling, managing medications, and arranging outings while performing daily care can be overwhelming. This webinar will provide instruction on how to approach staying focused and organized in a job that requires your ability to do more than one thing at a time.

[Register Here](#)

Responding to Recipient Complaints

May 17, 11:00 AM – 12:30 PM

We all have good days and bad days. For people living with a chronic illness, bad days are particularly difficult. The stress produced when having a bad day can lead to dissatisfaction with various aspects of life. For example, dissatisfaction with the doctor, social worker, or provider. This webinar will provide instruction on how to reduce risks for complaints and how to help resolve differences.

[Register Here](#)

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