

# IHSS PROVIDER TRAINING

## NEW ABSORB PLATFORM

Self paced training



With Absorb Learning Management System (LMS), you now have access to on-demand trainings that you can complete anytime, anywhere, and at your own pace.

### LOGGING IN

Step 1: [Click Here](#) to sign up for an account

Step 2: [Browse available trainings and enroll in the ones you're interested in!](#)



[Watch the Helpful  
How-To Video](#)

### Benefits of Using Absorb



#### Flexibility

Choose the topics that interest you most, from safety tips to caregiver wellness and more.



#### Self-paced learning

No deadlines. Learn when it works best for your schedule.



#### Monthly stipend opportunity

Complete one training per month and you'll be eligible to receive a monthly stipend, based on availability.

## FAQs

#### Q: Are the trainings mandatory?

A: No. Trainings are optional and available to support your professional development.

#### Q: How do I qualify for the monthly stipend?

A: Complete one training each calendar month. Stipends are awarded based on availability, so we encourage early participation!

#### Q: What if I forget my password?

A: Click the "Forgot Password?" link on the login page to reset it.

#### Q: Can I use my phone to take trainings?

A: Yes! Absorb LMS works on smartphones, tablets, and computers.

#### Q: Who do I contact if I have technical issues?

A: Please contact Vanessa at [vanessa@hpcn.org](mailto:vanessa@hpcn.org) or Mariah at [m12a3r1Aanhy@wheprce nS.to., rAgn yfo](mailto:m12a3r1Aanhy@wheprce nS.to., rAgn yfo)